



Dear Parents and Carers,

these are to most up to date Covid-management instructions school has been given. They apply to all members of our C.A.S. community and to any visitors. This information will be kept under review and parents and carers will be updated regarding any changes as soon as we can,

If someone develops symptoms at home

Remain at home for at least 10 days from the date when symptoms appeared as advised in <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

Arrange for testing via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or 111.nhs.uk or call 119

N.B. All other household members must stay at home and not leave the house for 14 days (unless they get symptoms – 10 days. If test –ve continue 14 days)

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If someone has symptoms on site

They will be moved to a room where they can be isolated behind a closed door, with appropriate adult supervision if required. Ideally, a window should be opened for ventilation. If they need to go to the bathroom while waiting to be collected, they should use a separate bathroom if possible.

PPE must be worn by staff caring for the child while they await collection if a distance of 2 metres cannot be maintained (such as for a very young child or a child with complex needs).

Members of staff who have helped someone with symptoms and pupils who have been in close contact with them do not need to go home to self-isolate unless they develop symptoms themselves (in which case, they should arrange a test) or if the symptomatic person subsequently tests positive or they have been requested to do so by NHS Test and Trace.

NHS Test and Trace process

- Apply for testing within the first 3 days of having symptoms as it may take a day or two to arrange.
- The test is best taken within 5 days of symptoms starting.
- The test involves taking a swab of the inside of your nose and the back of your throat, using a long cotton bud.
- The tests will only tell you if you have coronavirus at the time of testing.
- Call 119

Negative result

1. If a person tests negative, feels well and no longer have symptoms similar to coronavirus (COVID-19), you can stop self-isolating.*
2. ****If isolating due to quarantine or due to a member of household having symptoms or testing positive (had contact with a confirmed case) you must complete your 14-day quarantine period.***

Positive Result

1. If test positive, follow the guidance for households with possible or confirmed coronavirus (COVID-19) infection
2. continue to self-isolate for at least 10 days from the onset symptoms
3. return to work or school only if you do not have symptoms other than cough or loss of sense of smell/taste.
4. The 10-day period starts from the day when you first became ill.
5. If you still have a high temperature, you should keep self-isolating until your temperature returns to normal.
6. Other members of their household should continue self-isolating for the full 14 days.

Definition of a contact

Direct contact:

- being coughed on, or
- having a face-to-face conversation within 1 metre, or
- having unprotected skin-to-skin physical contact, or
- travel in a small vehicle with the case, or
- any contact within 1 metre for 1 minute or longer without face-to-face contact

Close contact:

Extended close contact (between 1 and 2 metres for more than 15 minutes) with a case.

No direct or close contacts will be allowed on school site. They will be advised to self-isolate for 14 days, starting from the day they were last in contact with the case.

Thank you very much for your understanding in working with our school, at this difficult time, to keep our vulnerable pupils, their families and our staff safe and well. Your support is greatly appreciated.

Kind regards,

Mrs CPiercy (Headteacher)

